

Thursday, May 24, 2018 - Toronto High Park & Waterfront. Level 2. Pace: 3-4 km/h. 19 km

Leaders: Jamie & Jan. Depart via the GO train at **6:47*a.m.** from the Kitchener VIA/GO train station near the intersection of Victoria Street North & Weber Street West. Once in Toronto we enter High Park at the north end. We follow trails for about 7 km in the park ending up at the south end at The Queensway. Crossing over to Lake Ontario we walk various lakefront paths eastward for about 11 km. Occasionally there will be some visits to spots like the new and impressive [Trillium Park](#) (a small provincial park). Once we reach Bay Street (Ferry Terminal) we walk about 1 km north to Union Station to catch the GO Train back to Kitchener. **Read the important details below.** Check www.hember.ca/grouphikes for more information and last-minute changes.

Important Information and Check List

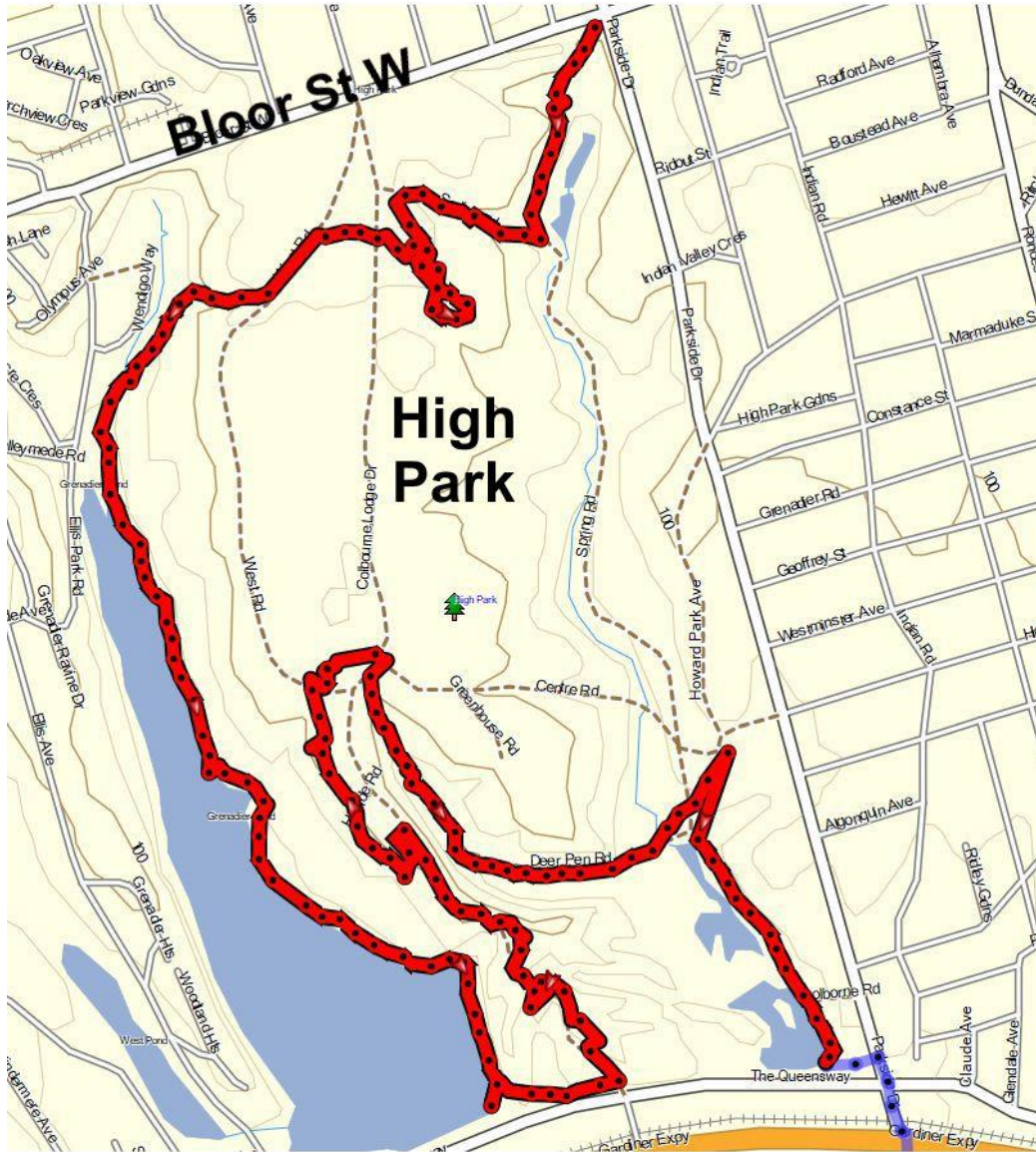
- 01) GO Train Cost - Currently the seniors rate (65+) for single ride is \$8.85 & a day pass is \$17.70. Buying a day pass in Kitchener saves time buying a ticket at Union Station later that day. Non-senior cost is double.
- 02) Kitchener to Toronto GO Train - We will take the **6:47 a.m.** GO train at the Kitchener GO Station. *Be well ahead of the departure time to allow for the purchase of a ticket(s).*
- 03) We must all board the same GO Train in Kitchener (6:47 a.m.) and preferably the same train car.
- 04) Get off the train at the GO Bloor Station¹ (not Union Station). The Bloor Station is one stop before Union Station.
- 05) From the Bloor Station we walk 1 km along Bloor to the entrance to High Park. Jan & I have enjoyed a snack at the [Outpost Coffee Roasters](#) (43.656010, -79.454013) so this may be a brief stop if time permits & the shop isn't too busy.
- 06) Participants are encouraged to form pairs or triplets. Doing so will help when accessing the GO train back to Kitchener at Union Station at the end of the day.
- 07) We suggest you have a friend or family member drop you off at the Kitchener GO station, so no cars need to be parked at or near the station for the day. Also, arrange to have someone pick you up that evening.
- 08) There may be opportunities to purchase a few food/drink items as we proceed but it is best to bring most of what you need for the day. We cannot guarantee that you will be able to buy food along the way.
- 09) Depending on the weather forecast come well prepared. Be sure to have your day pack, water (lots), several snacks (e.g. apples), food for lunch & supper, sunscreen, hat, medication, change of socks and so on.
- 10) You will need a credit card to buy a ticket(s) for the GO Train.
- 11) Bring a charged cell phone, camera, cash, credit cards, photo ID, & your *Ontario health card*.
- 12) The GO Train from Union Station is very crowded & standing room only is often the case until after Brampton or Mt Pleasant.
- 13) The GO train schedule for returning to Kitchener appears below. When we arrive at Union Station will determine which train you take back to Kitchener.
- 14) *Rain Date:* If the weather forecast for 2018MAY24 is not conducive for an all-day outing like this one, we will postpone the trip & go 2018MAY31.

¹ Bloor GO Station is a railway station on GO Transit's Kitchener line and Union Pearson Express rail services, located in Toronto, on Bloor St. east of Dundas St. West. Located at approximately [43.658028, -79.450892](#).

GO Train Kitchener Line Schedule < based on published data dated 2018APR05; no data is available for May or June 2018 at this time so there may be time & fee changes

Depart	Arrive	Depart	Arrive
Kitchener	Bloor Station	Union Station	Kitchener
05:24	07:27	16:50 (4:50) express	18:45 (6:45)
06:04	07:55	17:20 (5:20)	19:27 (7:27)
06:47**	08:50	17:50 (5:50)	19:57 (7:57)
07:10	09:13	18:50 (6:50)	20:57 (8:57)

High Park segment of walk (about 7 km)



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Lakeshore segment of walk [blue] (about 11 km + 1 km up Bay Street to Union Station)

